


# No 7 Fish Bistro

 01803 295055  
[www.no7-fish.com](http://www.no7-fish.com)


## Starters - 启动器

- 1) Mussels Marinière £7.50  
焗鲜蚌
- 2) French Onion Soup £5.25  
法国洋葱汤
- 3) Substantial Seafood Broth £7.00  
特色海鲜汤
- 4) Minty Courgette and Potato Soup £5.25  
西葫芦和马铃薯汤
- 5) Whole King Prawns Grilled in Garlic Butter £7.75  
蒜汁黄油烤全虾
- 6) Peeled King Prawns Cold with 2 Mayonnaises £7.75  
冷大虾
- 7) Garlic Bread with Olive and Anchovy Spread £4.75  
蒜茸橄榄烤面包
- 8) Grilled Goats Cheese Salad with a rosemary flavoured White Bean Purée £5.50  
特色豆泥和软奶酪
- 9) A Pot of Creamy Curried Prawns £6.50  
奶油咖喱虾
- 10) ½ Doz. Oysters in the Half Shell £8.50  
6只生蚝
- 11) Loch Fyne Oak Roast Salmon £7.75  
烤三文鱼
- 12) Grilled Garlic Mushrooms £5.25  
蒜茸靠蘑菇
- 13) Crispy Fried Red Mullet Fillets £8.00  
烤红绯鲤鱼块
- 14) King Prawn, Queenie Scallops, and Mussels cooked in Garlic and lemon butter £8.00  
蒜茸海鲜热拼盘 (大虾 扇贝 干贝 蚌)
- 15) A Cold Platter of King Prawn, Oak Roast Salmon and Marinated Sardine fillets £8.00  
海鲜冷拼盘 (三文鱼 沙丁鱼 大虾)
- 16) Seared King Scallops - POA  
精选煎干贝

Please let us know of any allergies you might have.

请通知我们，如果您对任何食物有过敏反应

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## Main Courses - 主要课程

- 1) Whole Lemon Sole - POA  
烤鲷鱼
- 2) Whole Brixham Plaice - POA  
烤本地鳎鱼
- 3) Whole Seabass - POA  
烤海鲈鱼
- 4) Whole Red Mullet - POA  
烤红鲱鲤鱼
- 5) Monkfish Baked with Black Pepper and Sea Salt - POA  
黑胡椒安康鱼
- 6) Star Point Crab 1/2 or Whole, Lobsters from Local Pots, Served Cold or with Garlic and Lemon - POA  
½螃蟹或者龙虾（冷的或烤）
- 7) Fillet of Plaice, filled with Oak Roast Salmon or Peeled Prawns and Baked under Cheese Sauce £14.75  
鳎鱼或鲑鱼虾仁卷
- 8) Salmon baked with Mild Moroccan Spices and served with Crème Fraiche and Home-Made Banana Chutney £14.50  
摩洛哥式烤鲑鱼和特制香蕉甜辣汁
- 9) Our Fish and Chips £12.75  
特色鱼和薯条
- 10) The Three Fillets Special. A mini version of the above 3 meals each cooked as described in separate dishes £15.75  
特色组合烹调（包括3种鱼和烹调）
- 11) King Scallops sliced and pan fried with Mushrooms, Vermouth and Lemon £19.50  
蘑菇溜干贝片
- 12) Selection of filleted Fish cooked in a Tempura Batter served with 3 Dips £17.75  
日式炸鱼块
- 13) Thick Cod Steak Grilled or Roasted with Olive Oil, Herbs and Garlic £17.50  
蒜汁鳕鱼排
- 14) Cod Steak with King Prawns and Scallops Tempura £19.50  
日式炸鳕鱼和大虾扇贝
- 15) Cod Steak with Prawns Thermidor £18.50  
鳕鱼和大虾

All Main Courses are inclusive of Vegetables or Salad and a choice of Potatoes. Please let us know of any allergies you might have.

所有主菜都配有免费的沙拉或蔬菜盘和薯条